

# 50 Things Shy Girls Do When They Like A Guy A Lot

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*By*

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### **1. Stares Without An Expression**

She will stare at you often without a facial expression. You will notice her doing this a number of times and you may wonder why. She doesn't have a facial expression because she doesn't want to give away the fact that she likes you. She worries that you may not like her and is afraid that she will not be able to handle it if you were to know it.

### **2. Stares And Looks Away**

The moment you are about to establish eye contact with her, she looks away. She had been staring at you for a while and perhaps you could sense it. As you turn your head or move your eyes to look in her direction, she quickly looks away. She doesn't want to establish eye contact with you because she is nervous about letting you see that she was looking at you.

### **3. Puts Her Head Down**

Her head may have been up just prior to the both of you walking past each other. However, as you get closer to her, she suddenly puts her head down. She doesn't raise it again until you have both walked past each other. She does this because she is so nervous about establishing eye contact with you. She is worried about how she would react to it or how you would react. In order not to cause any further anxiety, she puts her head down until she has walked past you.

### **4. Asks Her Friends About You**

She may ask her friends about you. If you have mutual friends or you are acquainted with her friends in some capacity, you may hear about this. She asks her friends about you because she wants to get more details about you but isn't brave enough to talk to you face to face. She wants to know if her friends know anything about you. Your name, background, if you have a girlfriend, etc. She is gathering as much information about you as she can in order to get a true sense of who you are.

### **5. Asks Your Friends About You**

She may know a few of your friends or may be acquainted with them. You may notice that a friend of yours or more keeps telling you about her. He may tell you that she has been asking him questions about you for the last few weeks or days. This is how you know that she is trying to get more information about you from the people who would know you best.

## **6. Stares At You From A Distance**

She will find ways to look at you without the threat of you catching her. She will put herself at a distance from you as often as she can so that she can stare at you and not risk the possibility that you catch her doing it. She wants to admire you and just take as much of you as she can in. She wants to be able to do this so that she can keep that image of you in her mind and carry that with her for the rest of her day.

## **7. Avoids Sustained Eye Contact During Conversation**

She may be talking to you but she rarely maintains eye contact for long. She often takes it away to look somewhere else within a few seconds. She doesn't feel comfortable looking at you for a sustained period of time even during conversation because she worries that she would give herself away if she did. Somehow you would know that she is into you and she would feel embarrassed by that.

## **8. Avoids Physical Contact**

She may go out of her way to avoid physical contact with you. It may be an attempt to avoid brushing against you in a tight space or an attempt to avoid touching you as you hand over something to her. She doesn't do this because she doesn't like you. This kind of eager attempt to avoid physical contact is because she knows that she would really be impacted by actually having that kind of contact. It would break an emotional protective barrier and she is worried about how impactful it would be to her.

## **9. Watches You On All Social Media**

She is into watching your activity in social media to the point where she may take hours doing it. She wants to read all your posts and look at your photos. She wants to know who your friends are and what you all tend to talk about. She checks up on you on all of your social media outlets on a daily basis. This is how she gets to see more of your personality and more of your life. In a way, she feels more connected to you by doing this even though she doesn't have the courage to talk to you in real life.

## **10. Tries To Find Out If You Have A Girlfriend**

She makes strong attempts to find out if you have a girlfriend. She checks your social media to see what your relationship status is. She asks her friends about your relationship status. She is always watching to see if you are always with a particular girl in public. She listens in to what you are saying to other people when she is within earshot in order to pick out any clues by you mentioning a particular girl's name over and over again in your conversations.

### **11. Gets Quiet In A Group**

You may have noticed her group of friends and you decide to walk over to them to chat. She may have been talking a whole lot before you got there. However, the moment you arrive, she gets really quiet all of a sudden. She doesn't want to talk anymore and is allowing her friends to do most of the talking. She doesn't want you to hear her speaking because she is worried that you may not like what she has to say or that she may say the wrong thing and turn you off.

### **12. Avoids Eye Contact In A Group**

She also does all she can to avoid eye contact with you while you are speaking to her group. Even if all of her friends are looking at you and are focused on what you are saying, she finds ways to avoid looking at you directly. She may look just to your left or right or she may train her eyes on the friend that is closest to you. She is too shy to establish eye contact even when in a group because she worries about what you will think and whether you will be able to tell that she likes you.

### **13. Leaves The Group Sooner Than Everyone Else**

She may have been with the group for an extended period of time. However, now that you have shown up to interact with the group, she doesn't stay with them for long. She finds an excuse to leave and go somewhere else. She doesn't want to stay in the group for an extended period of time because she doesn't want to allow herself to get too drawn into what you are talking about. It may make her start fantasizing about you in ways that would make her feel nervously uncomfortable.

### **14. Avoids Social Invites Where You Will Show Up**

If she knows that you are going to be somewhere that she has been invited to socially, she may avoid the event all together. She is worried that you will not like how she looks or that you will not even try to talk to her at the event. She doesn't want to put herself in that position. She would really have to be pushed and persuaded by friends before she would agree to go.

### **15. Keeps Conversations Short**

You may be totally having a conversation with her and it seems to be going well when all of sudden she tells you that she has to go. You know that there is no hurry and she doesn't really have anywhere she needs to go to at that time and yet she cut the conversation short. This is often because she doesn't want to talk for too long and make a mistake in something she says. She may even be worried that the longer she talks to you, the more likely you will ask her out and this may terrify her.

#### **16. Mumbles**

She mumbles when she is talking to you to a level that she normally doesn't when she talks to other people. You notice that she seems to mumble some of her words to the point where you have to ask her what she just said a few times. She mumbles because she is shy and trying to find a way to keep herself calm while in your presence. The mumbling is like a reflexive reaction to you.

#### **17. Loses Train Of Thought Easily**

She is talking to you about something and just suddenly stops as though she has forgotten what point she was about to make. You may notice this quite often when you are interacting with her. She just has this habit of losing her train of thought and suddenly stopping in mid-sentence. It may take her a while to get her bearings and finish her thought.

#### **18. Silent Gaps In Conversation**

She may be the most talkative person with her friends and even strangers. However, with you, you notice that she tends to have these gaps in conversation when you are talking to her. She just seems to have these silent periods where it seemed like she was about to start talking about something but she stopped herself. It may be naturally her turn to talk or react to what you said and she just says a word or two and then gets silent.

#### **19. Doesn't Elaborate**

Her responses to what you say are very short, but she tends not to elaborate on even what she says. She may have told you something that would require further explanation and elaboration but she doesn't do it. She merely gives you a point and just doesn't expand on it. It can seem really odd to talk in this way, but to her, she is protecting herself from the possibility of being embarrassed by elaborating on something that you would not deem interesting.

#### **20. Fiddles With Objects**

You may notice that whenever you are around her for a sustained period of time, she is fiddling with an object. It could be her pen, an eraser, her phone, the handle of her bag, her necklace or ring, etc. She just fiddles with an object, twirling it or touching it over and over again. This is a nervous reaction. She is focusing her attention on an object in order to take away the internal nervous vibes that she is feeling with you being this close to her.

### **21. Fiddles With Herself**

She starts fiddling with her hair when you are around. You notice that she is constantly twirling it or brushing it aside while trying to look your way from time to time. She may rub her hands together constantly or may keep rubbing her hand against the side of her face. She is fiddling with her person in a way that makes her feel a little bit more comfortable around you. It gives her something else to focus on besides you so that she doesn't feel overwhelmed.

### **22. Crosses And Uncrosses Her Legs Often**

She has a peculiar habit of crossing and uncrossing her legs when you are in a room with her for an extended period of time. She is doing this in order to break the monotony. She just gets to the point where she feels like she has to make an adjustment to her frame because she is just not feeling all too comfortable knowing that you are right there and possibly observing her.

### **23. Fidgets**

She starts to shake her leg constantly or she may keep readjusting her eye glasses, if she wears them. She lightly taps her hand on her desk or she starts blinking a lot more than normal. This is how she fidgets when you are around because she is feeling the energy of your presence and doesn't quite know what to do with herself.

### **24. Rarely Compliments You**

You may be used to being complimented and yet this girl very rarely compliments you, if ever. You could be around a bunch of people who are complimenting you on something. They are all in agreement. She is amongst these people and yet she isn't complimenting you like they are. She is just keeping quiet or perhaps slightly nodding her head in agreement. She doesn't compliment because she doesn't want to put herself in the position where you may start getting the sense that she actually likes you.

### **25. Gets Your Number Through Someone Else Or Somewhere Else**

Instead of asking you face to face for your number, she attempts to get it from someone else or somewhere else. She may ask a friend if they have it or an acquaintance of yours. She may look at your social media profiles to see if she can find the number there. She may look up your registration information from school or work documents at your job, if you both work the same job. She will try whatever other means she can to get it. She isn't intent on using it just yet. She just wants it.

## **26. Giggles Excessively Around You**

She has this habit of constantly giggling when you are around. It's not like anything funny has been said. She just giggles for the sake of it. She giggles in a reflexive manner because it's just something that seems appropriate to do at the time. By giggling, she is merely reacting to an internal sense of anxiety due to your presence. Giggling allows her to focus on the sound and body movement of what she is doing without having to focus so much on you. It's almost like a defense mechanism.

## **27. Apologizes A Lot**

She tends to apologize to you even when she did nothing wrong. You will notice that she may have lightly brushed past you but yet apologizes for it profusely. She may have bumped into you and you consequently dropped a small object like your keys and she apologizes profusely. She doesn't say it once, she says the apology multiple times on every occasion. She apologizes this much because she doesn't want to come off as someone that is unlikable and she is also very nervous.

## **28. Gets Reluctant With A Normal Activity**

She is suddenly unwilling to play a sport that she always does with her friends on her free time because you happen to be there today. Perhaps she tends to play tennis with a girlfriend on her weekends or in the evenings. You show up to the court and she is suddenly unwilling to play. She starts taking much longer breaks or avoids extended plays back and forth. She is more prone to making mistakes during these sessions. Mistakes she rarely makes when you aren't there.

## **29. Becomes Defensive**

A friend may have mentioned the fact that she likes you while in your presence and she instantly reacts by saying that she doesn't or that her friend better stop talking like that. She has this visceral instant reaction to any suggestion that she might like you when you are around. She literally jumps at the suggestion and comes back with a quick retort. She is acting very defensively here as she doesn't want you to get the truth about her true feelings for you.

## **30. Remembers Minor Details From Conversations**

She does remember what you tell her even when it may be something that most people wouldn't remember. This is because she will often replay the conversation that you had with her in her head when you have both gone your separate ways. She wants to savor every moment of that conversation in

her mind. Hence, she remembers even the minor details. You may be surprised when she is able to bring those minor details up in your future conversations with her.

### **31. Gets Others To Ask You If You Like Her**

She doesn't have the courage to ask you if you like her or to find out if you like her face to face. She will get her friends, acquaintances, even total strangers to ask you if you like her. She feels that by doing this, she is still able to save face if you were to respond that you don't like her. She doesn't want to risk taking that rejection face to face. She is too anxious and terrified about that prospect. She uses other people as her buffer to that.

### **32. Talks About You A Lot To Close Friends**

After a while, she will start talking about you a lot more to her closest friends. She is getting more and more used to the idea of having this major crush on you. She has probably spent a lot of time getting to know you through your social media or those who know you. Thereby, she feels like she has a good idea of the kind of guy you are. With this knowledge, she is more emboldened to talk about you more amongst her closest friends.

### **33. Makes Your Hobbies Her Own**

When she notices that there is a hobby or more that you really love to partake in, she may get really into that hobby herself. You may notice that she is posting a lot more photos about painting or drawing on her social media than she ever used to. These are hobbies that you happen to love. Now, all of a sudden she seems to have the same hobby out of nowhere. This is how she is trying to draw similarities with you even though she doesn't tell you about what she is doing to your face.

### **34. Defends You**

You are not necessarily around when she does this. However, she does tend to defend you when others are saying unkind things about you when you aren't around. You may discover from a friend or acquaintance that she was standing up for you when someone said something unkind about you. This is how she gets to act as though you are an imaginary boyfriend that she is defending even though in reality, you aren't.

### **35. Has Dreams About You And Tells Her Friends**

She tends to have these vivid dreams about you that she can't help but tell her friends about. She goes into great detail about them and she even gets excited when she talks about them to her friends. She has this kind of excitement because of her emotional investment in the dream. It's like she can date you in her dreams and that is at least better than nothing. If you keep hearing accounts from people you know that she mentioned you in a dream she keeps having, she likes you but is really shy.

### **36. Gets Clumsy**

She just has this habit of being really clumsy when you are around. You notice that she tends to drop things when you are around. She may constantly trip or almost trip. She may bump into doors or chairs, etc. She just has this habit of becoming clumsy when you are there to the point that it almost seems comical. She is clumsy because she is nervous around you. Being shy, she just has a harder time controlling her movements when you are around.

### **37. Forgets Her Destination**

She was headed somewhere in particular. She knew exactly where she was going. However, now that she sees you in the vicinity, she has suddenly temporarily forgotten where she was headed. Perhaps you see her in a building and she was initially going to suite 14. However, she is now looking around a little confused as though she is trying to remember where she was headed. This also happens after you have had small talk with her. She suddenly forgets where she was headed in the first place.

### **38. Laughs At Anything You Say**

It may not have been funny at all. In fact, you may not have been cracking a joke. However, she keeps laughing at just about anything you say. It may seem strange at first but in the end, she is doing it because she just feels the need to react. She doesn't want to offend you in any way so she laughs in order to lighten the mood.

### **39. Gets Jealous Of Any Girl You Talk To**

She may try to hide her jealousy but if you are observant, you will notice it. You may be talking to a girl in a friendly way, nothing sensual or flirty involved. However, if she is in the vicinity, she isn't happy. She looks your way often with a sad expression on her face. Even though she has never had the courage to tell you how she feels about you, she still doesn't want to see you talking to other girls in any capacity.

#### **40. Keeps Changing Her Look**

She may have noticed that you tend to talk to girls with a particular kind of look. She may have seen this in real life, in your social media or may have even been told about the kind of look you prefer from friends. She starts changing her look in order to appear like these girls. She may not even like the look herself but she does it so that you will notice her. It may be a change of hair or the way she dresses, etc. She is just trying to attract your attention but not have to be the one who approaches you.

#### **41. Doesn't Take Compliments**

She has a hard time taking a compliment from you without putting herself down or brushing it off. She just has this habit of not wanting to take that compliment like other people would because she believes that she has to be humble with you or she doesn't want you to get the idea that she is full of herself or conceited. This is how she tries to make herself seem like she is just a regular girl.

#### **42. Always Includes Her Friends When She Asks You To Hang Out**

She may have gathered up the courage to ask you to do something with her. However, she isn't fully committed to going all the way. Instead, she asks you to hang out with both her and her friends. She can cover herself from a possible rejection from you by playing it off as though it was just a casual invite and not really a date request.

#### **43. Doesn't Want To Be Alone With You**

She isn't comfortable being alone with you for an extended period of time. There may have been a bunch of you in the room and everyone eventually leaves. You and her are the only ones left. She finds an excuse to leave or just leaves as well not too long after. She is afraid of how she would act if she were to be in the same room with you for an extended period of time. She leaves to protect herself from acting in a way that may turn you off or get herself stuck in an awkward conversation.

#### **44. Eats Fast Around You**

You may have come over to her table at school or a work cafeteria in order to talk to her friends or work colleagues. While you are there, she is suddenly eating a lot quicker than the rest of her friends or work colleagues. She does it quickly and almost robotically. It's like she isn't tasting the food at all, she is just consuming it. She finishes it quite fast and soon decides to leave the table.

#### **45. Hurried**

She just has this frantic pace or manner about her when you are around. She is constantly moving or can't stay in one place for an extended period of time. She is at the mall but she is rushing from aisle to aisle with barely a moment to peruse its contents. She is at the gym and is barely spending enough time per machine or with an exercise routine. She just has this incredible sense about her of being in a hurry when you are around. She is worried that you are looking at her and judging her. Thereby, she hurries.

#### **46. Quiet Cheerleader**

She may not tell you or show it to your face but she is a quiet cheerleader of yours. She will often cheer you on if you are playing a game but she does it while she knows that you aren't looking or you are preoccupied. She may tell a friend about how good you are at something at work but doesn't tell it to your face. You get these accounts second hand from the people who she has told or who have observed her cheering you on.

#### **47. Knows More About You Than Most**

She may never have interacted with you or talked in detail with you, however she knows more about you than some of your closest friends. She has observed your behavior from afar, followed your activities on all of your social media, asked mutual friends about you, read up about you on any publication she could get her hands on, even looked through old school photos, etc. She feels like she knows you.

#### **48. Easily Agrees With You**

She has a manner of just easily agreeing to whatever you are saying. She doesn't really voice her opinion about the topic in particular. She just agrees to your opinion about it almost before you have completed that opinion. She does this in order to be in your good graces and to make you feel like she approves of what you have to say. She hopes that at some point this will lead you to ask her out.

#### **49. Leaves You Anonymous Gifts**

She has a habit of leaving you a gift from time to time. She may leave flowers or a flower at your desk. She may send you an anonymous virtual gift online. She may leave an anonymous card that lets you know that you have an admirer. She will find a number of ways through using anonymity to get the message across to you that she likes you without taking the risk of doing it face to face.

#### **50. Makes A Friend Request Under A Different Name**

She wants to see if you will accept her friend request on social media but she doesn't want to take the risk of you knowing who she really is. She uses a different name to make the request just to see if you accept it. If you do, she hopes that this was a good enough testing ground to eventually get to the point where she feels brave enough to make a friend request using her real name.

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