50 Clear Signs A Shy Guy Likes You

By Dating Logic

1. He Stares At You But Never Approaches

A shy guy will often do this because he is in constant doubt about whether to approach you or how to go about doing it. He may decide that he will do it and then just gets really nervous about it and stops himself from approaching you. He may also be staring and never approaching in the hopes that you notice that he is staring and you decide to approach him instead.

2. He Looks Away When You Establish Eye Contact

The moment he notices that you are about to look his way or establish eye contact with him, he starts looking away. He may have been tempted to just keep looking but he gets anxious at the last minute and looks away. He is worried that if you notice that he was looking at you, you would think that something is wrong with him or that he is strange for only looking at you and not doing anything about it.

3. He Gets Quiet When You Join The Group

He may have been talking wholeheartedly with his friends but the moment you show up, he gets quiet. He just stops talking and allows his friends to do the talking. If he is asked a question by a friend during this time, he may ignore it or mumble some kind of response in the hopes that you didn't hear him. He gets quiet because he is worried that he will say the wrong thing while you are there and he doesn't want to get embarrassed.

4. He Avoids Eye Contact With You In The Group

He has now gotten quiet since you arrived at the group. He isn't quite sure what to do. He is somewhat uneasy. His heart has began to race and he may even be getting sweaty while you are there. During this time, he does everything he can to avoid eye contact with you because he is worried that you will realize that he likes you.

5. He Leaves The Group

He may have been standing there talking and having a good time with his friends. You show up and he is suddenly uneasy. After a few moments he starts getting even more uneasy and starts looking away from the group to what may be going on outside of the group. He finally decides to tell his friends that he has to go and he consequently leaves the group. This is how he distances himself from you because he doesn't want to do or say anything while you are there that will make him look bad.

6. He Looks Down When You Are About To Pass Each Other

He has noticed you down the hallway or walkway. He knows that in a few seconds he is going to be crossing paths with you. He realizes that he just can't bring himself to look at you in the eye when he reaches you. His heart starts racing. He is wondering what he should do. This could be his moment to finally establish eye contact with you. He wrestles with the idea of whether he should just go for it. However, as you both get closer, he gets nervous and starts looking down until he has passed you.

7. He Takes Another Route

He may have noticed that he is about to bump into you. He realizes that he doesn't have the nerve to just walk passed you. He is worried that you would try to look at him and he just won't know how to respond to that. Instead of putting himself in this position, he decides that he is going to take a different route from the path he was originally taking. This way, he gets to avoid you and not have to feel awkward.

8. He Acts Like He Is On His Phone All The Time

He notices that you are in the vicinity. You may be talking to a friend or just hanging out. He knows that it will only be a matter of time before you notice that he is in the same vicinity as yourself. He decides to grab his phone and start fiddling with it. He may not have any messages at all nor does he intend to do anything with his phone. However, by acting like he is on his phone, he knows that he can avoid eye contact with you and just pretend as though he is preoccupied.

9. He Asks People About You

He is unable to work up the courage to talk to you in person and find out more about you. Instead, he starts asking other people who may know who you are about you. He is very sneaky about it. He doesn't come right out and ask them about you. He may actually say that a friend of his is looking to know more about you and that he is trying to get more information for that friend. He is actually the one who wants to know but he is pretending as though he is collecting information about you for someone else.

10. He Quietly Follows You On Social Media

He will be constantly on your social media pages. He is reading your posts and looking at your uploaded photos. He is spending a lot of time on your pages just trying to get a feel for the kind of girl you are. He isn't bold enough to like any of your posts or photos quite yet. He is more complacent just watching you and consuming everything that you put out there.

11. He Mumbles When He Talks To You

You are talking to him or you ask him something and he can barely get the words out. He is trying to but every time he tries to say the words in response, he stumbles. He may clear his throat a few times to make it seem like he just has a sore throat, but he is actually mumbling because he is extremely worried about talking to you.

12. Can't Maintain Eye Contact During Conversation

While he is talking to you, he is unable to maintain eye contact for any sustained period of time. He is constantly looking everywhere else but right at you. He finds an excuse to look below you, above you, to your side or over your shoulder. He just finds it difficult to look right at you for any extended period of time because he is nervous around you.

13. He Sits At A Distance From You

There were lots of places available for him to sit in the room but he chooses to sit at a place that is as far away from you as possible. You may have had available seats all around you but yet he just walks to the far corner and finds a seat there. He will typically sit behind you as well. This is how he gets to be at a distance from you but still be able to look at you without you knowing that he is.

14. He Turns Down Your Invites

You may be a coworker of yours that you have invited to go out on happy hour with you along with the rest of your coworkers. However, he turns down your invite. He doesn't want to find himself in a position where he will be around you alongside other coworkers. He is worried that they will notice how he feels about you and may turn around and tell her. Now he is embarrassed because you know how he feels about you and it is in front of all your coworkers. He doesn't want to be in that position.

15. He Leaves Your Social Event Early

He may have gathered up the courage to show up to a social event that you invited him to along with a number of your other friends. However, he is not having a particularly good time there. It's not that the people aren't nice to him or that the event wasn't planned well, he just doesn't want to spend his entire time there trying to search you out with his eyes. He doesn't want to watch you interact with other people, leaving him behind. He finds a reason to leave your event as a result.

16. He Leaves Your Social Event Quietly

He also makes it a point to leave your event as quietly as possible. He doesn't come to look for you to let you know, which would be the polite thing to do. He just leaves. He may feel bad enough to tell someone there to let you know that he left but he won't do it himself. He just knows that the longer he stays at your social event, the harder it will be for him to deal with all the attention that you are getting from other people, particularly guys. So he leaves as quietly as he can.

17. Turns Down Your Offers To Help

He may really need help with something. It could be a project that he is working on at work or school or it could be an errand that he needs to run. Even though helping him out would have not inconvenienced you in any way, he still turns you down. He does this because he is just worried that by allowing you to help him out with something he would appear weak or unable to handle his affairs.

18. He Rarely Initiates Conversation With You

You are the one who seems to start conversations with him. He rarely, if ever, initiates a conversation with you. He may be okay with greeting you from time to time but he won't take it upon himself to initiate an actual conversation. He finds it difficult to do it because he knows that he may say something wrong or he may interrupt you while you were in the process of doing something. He doesn't want to put himself in this kind of awkward position.

19. He Keeps Conversations Short

He has a habit of keeping conversations short. It may seem like he has the time to actually get into a real conversation with you that will last a while but he always finds a way to cut the conversation short. He gives an excuse about having to go somewhere, do something or meet someone. He doesn't want to converse with you for too long because he is afraid that he will run out of things to say.

20. Doesn't Ask You Much About Yourself

He is worried that he may not quite know the right questions to ask when it comes to asking you about yourself. As a result, his conversations with you mostly focus on platonic issues like work or pop culture or the news. He doesn't allow his conversations with you to get to the point where he is really asking questions that address who you are as a person and what some of your background is. He worries that he would be showing that he likes you by doing this. He worries that this will turn you off.

21. He Doesn't Take Compliments Well

It's hard for him to take a compliment from you and accept it. He may find a way to brush it off or just act as though he didn't hear it. He is worried that in accepting your compliment he would be showing how much it means to him. He worries that doing so would make him look like he is really in need of your approval. This may cause you to think that he really likes you and thereby expose him.

22. He Doesn't Give You Compliments Back

You may have given him a compliment that he took and perhaps tried to brush off in some way. However, he didn't compliment you back. You notice that every time you compliment him, he doesn't compliment you back. This is how he tries to keep things with you as platonic as possible. If he were to allow himself to compliment you back, he may worry that he will get carried away and won't know how to stop himself.

23. He Nods His Head At You In Greeting

If he actually has the courage to acknowledge you from time to time, he will rather greet you with a nod than with his vocal cords. He feels that by nodding at you instead of actually saying words, he is playing it safe and he doesn't put himself in the position where he could say something wrong. It also allows him to save face in case you don't really respond to his acknowledgement. A nod is a lot more platonic and generic than an actual verbal greeting.

24. He Is Constantly Fiddling With An Object

You notice that he always seems to be twirling his pen between his fingers when you are around or squeezing something repeatedly or pressing that pen's button in and out, etc. He is consistently fiddling with something when you are around. This is because he is nervous when you are around and is trying to focus his energy towards an object so that he doesn't become overwhelmed and distracted by you.

25. His Body Is Fidgety

His leg may keep twitching while you are there or he may be constantly snapping his knuckles or scratching an imaginary itch, etc. These are all fidgety acts that he does in order to try to contain himself. He is worried that you may try to talk to him and he wouldn't know what to say. He worries if he should just be brave and talk to you anyway. He has all this going through his mind and he has to find a way to direct some focus away from it. He starts fidgeting as a result.

26. He Avoids Going Where You Hang Out

He may have been curious about going to a particular spot with a friend of his. He may have never been there before. However, once he learns that you are going to be there or you tend to be there, he decides to come up with an excuse that he won't be able to go. He doesn't want to bump into you out of fear that you will notice him and wonder what he is doing there. You may even come over and talk to him and his friend and the thought of that even makes him more nervous.

27. He Asks His Friend, Colleague Or Coworker To Find Out More About You

Instead of actually coming up to you and asking you questions about yourself in order to get to know you better, he sends a friend, colleague or coworker instead. He lets them know that they shouldn't be obvious when they ask you questions. He doesn't want you to have any inkling that they are gathering information from you to share with him. This is how he gets to know you better without having had to go through the nerve-wracking process of approaching you.

28. He Asks You To Hang Out With Him And His Friends

Instead of directly asking you out on a one on one date, if he summons the courage to ask you out at all, he will use his friends as his shield. He tells you that he will be hanging out with his friends doing a particular activity on a particular day and whether you would like to come. This is how he gets to use his friends as a buffer in order to show that he isn't actually asking you out on a date. This way, if you turn him down, he can save face and just play it off as a request to hang out and nothing more.

29. He Talks To Other Girls But Not You

You may notice that he is able to talk to other girls and seems to have a decent number of girl friends. However, he never seems to be able to talk to you even if you are right there with the other girl that he may be talking to. He may be totally comfortable talking to these girls and becoming their friends but he can't seem to be able to put two words together to talk to you. He may even ignore you all together while you are standing right there. He doesn't want to risk saying the wrong thing to you.

30. He Avoids Physical Contact

You may be in a tight area and the both of you would have to brush past each other. He makes an extra effort to avoid that by either waiting for you to pass by or rushing through before you get to the tight area before him. He may also ensure that he doesn't touch you when he is giving you an item or

showing you something. He avoids physical contact because allowing that to happen would only make him feel more connected to you. Touch can be very powerful. He doesn't want to be in this situation.

31. He Offers Help To Others But Not You

You may feel like he doesn't like you when he does this. However, when he is in the habit of offering his help to those around you but never to you, it is typically because he is nervous about helping you and how you would interpret it. He just doesn't want to put himself in what he deems would be a vulnerable position.

32. He Doesn't Talk About His Accomplishments

He may have no trouble talking about his accomplishments in life to other people. However, when it comes to you, he doesn't. He worries that you would think he is bragging if he were to do so. He also worries that you will not think that his accomplishments are as impressive as everyone else does. This doesn't make him feel nor look good.

33. He Tones Down The Praise

You accomplished something really amazing or noteworthy and everyone is praising you for it. You are so proud of what you did and you are soaking up all of the attention that you are getting. You look in his direction and he congratulates you but it is very muted. He is not being mean. He is just not wanting to let on how much he likes you. He is too shy to give that much away. He feels that by toning down his praise, he is keeping you from realizing just how much he likes you.

34. He Helps You Without Your Knowledge

You aren't typically aware that he does this. You may have a mess on your desk at work and he decides to clean it up or even empty the trash underneath your desk. This is all done while you are away. You may come back the next day and wonder who cleaned out your trash or desk. However, he doesn't tell you that it was him. He will do things like this for you when you aren't present because he likes you and wants to help out but he isn't comfortable letting you know how he feels about you.

35. He Defends You When You Aren't Present

Some people may not always have the kindest things to say about you when you aren't present. From time to time, he takes it upon himself to defend you when they speak bad about you. He never lets you know that he does this for you. You may find out through someone else who was there at the time. He doesn't want you to know because he doesn't want you to confront him with your appreciation. He wouldn't know how to react to that and would just feel awkward.

36. He Rarely Smiles At You

You are smiling at him often but he rarely or never smiles back. This isn't because he dislikes you. He just doesn't know how to respond in a way that doesn't make it seem like he likes you. He believes that he is not the kind of guy that you would be interested in anyway. In order not to get himself too caught up with you, he doesn't smile. It is like a defense mechanism. He believes that as long as he doesn't smile back, he never tricks himself into believing that you are actually smiling because you like him.

37. He Avoids Being In A Room Alone With You

As far as he is concerned, there has to be someone else there in order for him to feel comfortable. He doesn't want to be in a room alone with you for any extended amount of time. Even if the both of you may be working on separate projects and not even that close to each other, he can still feel your presence. It makes him uneasy. He wants to talk to you so much but at the same time, he doesn't want to disturb you.

38. He Takes Longer Than Usual To Respond To Your Question

Whenever you ask him about something, there is a delay. It is like he is an old computer processing what you just searched for and it is taking it a while to return your search query with an answer. He takes unusually long to respond to your questions because he doesn't want to say the wrong thing or give you the wrong information. He just can't allow himself to respond within the natural flow of a regular conversation because he always has to ensure that he says everything right when it comes to you.

39. He Rarely Wants To Do Extracurricular Activities With You

You may invite him to play tennis with you and he turns you down with some kind of excuse. You may invite him to go ice skating, bowling, hiking, boating, etc, and he regularly turns you down. You may get him to go once in a while but he almost always turns you down the next time around. He is worried

about being alone with you for an extended period of time and engaging in something that he may not be very good at. This would make him look bad and he would feel embarrassed.

40. He Watches You From Afar

He takes whatever opportunity he has to watch you from afar. You may be working out at the gym and he is watching you from his end. You are hanging out with your friends at the eatery of a local mall and he is with his own friends at another table but watching you. He is not paying attention to what they have to say. He is just watching you and imagining what it would be like to come right up to you and start talking to you.

41. He Doesn't Keep What You Lend Him

You may have given him a pen the other day because he couldn't find one. He goes through the trouble of bringing that pen back to you the next day or a few days later. He tends to return meaningless items that you gave him to help him out with something. He does this because the longer he holds on to that pen, the more he gets to think about you. That worries him. He knows he doesn't have the courage to tell you how he feels about you and thereby he doesn't want constant reminders of you.

42. He Rarely Talks About Himself

You are always telling him things about you. You give him some of your history and tell him some of your hobbies. However, he rarely talks about himself in much detail even when you prod him. He isn't intent on doing this because he worries that you will discover something about him that you won't like. This scares him and he would rather play it safe with you.

43. He Says "Umm" More Often With You Than Anyone Else

When you are talking to him or interacting with him, he tends to say "umm" a lot. It is normal for people to use that expression in conversation but he seems to take it to another level. His sentences start with "umm" and even end with "umm." This is how he is showing you that he isn't entirely comfortable or confident talking to you or interacting with you. He is finding ways to buy time by saying "umm" and hoping that the next sentence that comes out of his mouth doesn't turn you off.

44. He Tries Not To Show Emotion

He makes it a point to avoid showing emotion around you as much as possible. Even though something someone said around the both of you was incredibly funny and everyone is laughing, he isn't. There may be a sad story on the news and everyone is upset and voicing their opinions, but he remains quiet and seems nonchalant. He tries not to show emotion because he is worried about how far that emotion could take him while he is around you.

45. He Doesn't Show His Talents To You

He may be incredibly talented at something that he is willing to show others. However, when it comes to you, he finds a way to avoid showing it. He may be a great singer who has no trouble singing for his friends. However, when you so happen to show up, he stops singing. He may be good at playing basketball with his friends during his leisure time but when you show up to the court, he sits on the bench. He gets so nervous when you are around, he worries that he will mess things up, so he just stops.

46. He Avoids Being Topless Around You

It is a nice summer day and everyone is by the pool on their deck chairs. The guys are topless enjoying the sun. So is he. However, you show up to the pool and he suddenly finds his shirt and puts it on. He will have several of these moments where he doesn't want to expose himself to you in particular. He is worried that you won't approve of what you see.

47. He Avoids Being Introduced To You

He has already noticed you around and about. Perhaps you both work at the same place or go to the same school. However, he has never officially met you. There are mutual friends who are now introducing him to people and you are one of those people that he is about to be introduced to. You notice that he now finds a way to avoid the introduction by telling the mutual friends that he has somewhere to go or quickly acknowledging you with a nod and then leaving.

48. He Apologizes Profusely

He messed up something that you told him to get for you or something that you told him to do for you. He proceeds to apologize profusely. Perhaps he went to get coffee for the office and brought yours back with cream instead of sugar. You tell him that it is no big deal but he can't help himself but apologize over and over. He is so unhappy with himself for messing this up. He now worries that he will never have a chance with you even though he has yet to make any moves on you.

49. He Doesn't Let Loose

Everyone may be having a great time around him but he seems to be the one who is just maintaining control and not letting himself go. Several people are trying to get him involved at the party or social event but he turns them down, preferring to just play it safe and not get loud and crazy. He looks in your direction often. He watches you let loose and have fun. He wishes that he could do the same but he is worried about taking things too far and making a fool of himself.

50. He Gets Your Number Through A Friend

Instead of directly asking you for your number face to face, he gets his friend to do it. He has his friend tell you about him and ask you if you would be interested in getting to know him better. He makes sure that his friend tells you about some of his really good qualities so that you are more open to giving his friend your number. He doesn't want to face the possibility that you would reject his attempt to get your number so he uses his friend as his buffer.

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